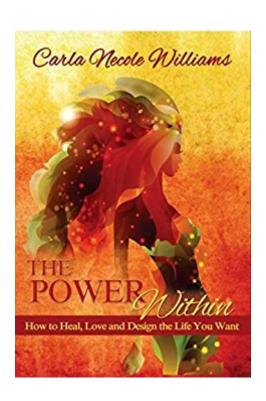
## The book was found

# The Power Within: How To Heal, Love And Design The Life You Want





## **Synopsis**

Could something in your past be holding you back from living the life you deserve? Most people donâ TMt realize that their past could be holding them back. A good indicator that your past is haunting you is if you keep repeating the same behaviors that seem to sabotage your plans over and over again. If you constantly feel like something is holding you back that you just canâ TMt shake, then please allow me to introduce you to your inner child. I can assure you that any hangups you have in your life is because you could use some inner healing. In this book, I dig deep into the three phases that may be holding you back from mastering your destiny:â ¢ Freeing yourself from past shackles by healing your inner child.â ¢ Increasing your emotional intelligence by learning to love, value and appreciate yourself. â ¢ Raising your spiritual awareness to create the life you want. Only you can heal yourself because no one is coming to save you. You no longer have to be a victim of circumstance. Let me teach you how to:â ¢Master your inner game.â ¢Attract more abundance into your life.â ¢Transform your money mindset.â ¢Design your life around the things you love.

#### **Book Information**

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### **Customer Reviews**

Very few books take you through the full cycle of healing and demonstrating how to stand in your power. Carla Necole Williams does just that. Her personal stories let me know that I am not alone. It was like having my best friend around to support me in my healing.

We/I often tend to think no one else thinks like us or has been through anything like what we're experiencing. This book proved me completely wrong and gave me hope and encouragement for the future at the same time. As an almost mirrored reflection of my life, this book taught me that you can absolutely create a great life out what you think are messes/mishaps of your life, YOU just have to choose to do so and then take the actions to do it. Your dreams are so undeniably possible and all the things you've experienced good and bad were all the things you needed to make YOU awesome. Thank you so much Carla, for sharing your story and being such an inspiration. This book is full of substance and an inspirational page turner! Read it all in 1 day!

Carla Necole Williams gives you a glimpse inside her world which is quite similar to what a lot of us have experienced. It is not a fake book written to gain sales. It is insightful, heartwarming, and gives you practical wisdom that you could actually use. A lot of her experiences I too have have experienced, so I know what she went through is real...she is real! I would highly recommend this book to anyone looking to use real healing and take off that bandage that hides the hurt but won't allow for true and complete healing. ~BMB~

I anticipated the launch of this book with excitement and now having read it I am still excited! This is a wonderfully written, heartfelt book containing valuable and often raw examples of how life happens. In spite of all the ups and downs it proves that with perseverance, courage and faith one can indeed manage the peaks and valleys of life. This book is simply a blessing wrapped in real life pages. I will be recommending this book to all my friends. Great Job!

I have met too many women, myself included, who do not recognize their own power. Instead, they live defeated and hopeless lives. The Power Within is an excellent book to help you heal and find the inner strength that you never knew you had. I recommend this book to every woman out there!!

If you dare to delve beneath the surface and heal the wounds of your past, this book is for you.

Carla does an amazing job at addressing fears, disappointments and hurts that we have all

experienced growing up and opens up her own life story. This book is written with compassion and love!

Carla Necole Williams is a brilliant light and courageous seeker. Her personal story relates so closely to my own. I found her words to resonate with me through out and allowed me to converse with my inner child. From that experience I am now able to let go, forgive and clearly see my own divine purpose for a more fulfilling life.

This is a wonderful book! Such an amazing story with great worldly perspective. It takes a strong person to want to tell their story and aspire to uplift and inspire others. This book encourages and teaches positivity and can help someone in a dark place find the light. This book came right when I needed it and I'm glad that I found it.

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